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# RusticoRiders Cycle Africa: From Cairo To Cape Town



## Synopsis

A four-month cycling trip from tip to tail of Africa - in the company of like-minded individuals, accompanied by a support team - was the perfect way for Beryl and Bernie Doiron to marry their joy of cycling with their love of travel and to escape the Canadian winter. Departing Cairo with its pyramids, they cycled through ancient Egypt, the deserts of Sudan, the mountains of Ethiopia, the lush rolling hills of Tanzania, Malawi, and Zambia, the beautiful terrain of Botswana and Namibia and along the Atlantic Ocean of South Africa to Cape Town: a fifth of the journey on clay, washboard, rock, sand, and dusty roads. It all made January to May 2008 a memorable summer: 10,000 km down roads less travelled, time to interact with some of the world's poorest people, pitching tents in desert and on bush ground and eating local foods. Again and again, the authors were struck by the welcoming faces of people with very few of life's amenities, who appear to live in peace and harmony with their surroundings. In small village and countryside, the people and lifestyle also triggered memories of early childhood, growing up on a family farm and nearby fishing village in Prince Edward Island, Canada.

## Book Information

Paperback: 208 pages

Publisher: AuthorHouse (November 24, 2009)

Language: English

ISBN-10: 1449049710

ISBN-13: 978-1449049713

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 8.5 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #2,129,743 in Books (See Top 100 in Books) #24 in [Books > Travel > Africa > Egypt > Cairo](#) #54 in [Books > Travel > Africa > South Africa > Cape Town](#) #1428 in [Books > Travel > Middle East](#)

## Customer Reviews

Beryl and Bernie Doiron, married for forty years, have raised two sons and completed their careers, and then decided to be adventurous. They live in North Rustico, PEI, Canada. [www.rusticoriders.ca](http://www.rusticoriders.ca)

An amazing story of a recently retired couple who still have the stamina and courage to venture fourth. The story, an accumulated timeline, outlining the countless challenging event associated with

any undertaking of this magnitude. The tale reviews the countless ups and downs as intrepid travelers move from one country to the next. The story is told with both humor and emotion, leaving the reader to say to one's self, " Boy I hope I have half the gumption when I reach that age."

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